

# Handicap Index

## How to safeguard a Handicap Index?

A Soft Cap and Hard Cap will be implemented to limit any extreme upward movement of a player's Handicap Index within a 365-day period. This has been introduced to act as a safeguard to prevent any handicap manipulation.

**The Soft Cap will suppress movement by 50% after a 3.0 stroke increase over a player's Low Handicap Index (see glossary of terms later in this toolkit). For clarity in this instance, a Low Handicap Index is the lowest Handicap Index a player has had during the previous 12-month period.**

**The Hard Cap will restrict upward movement on 5.0 strokes over the Low Handicap Index.**

Restricting the extreme upward movement of a Handicap Index will ensure that a player's temporary loss of form does not cause the Handicap Index to move too far away from their actual ability.



Resources available on the next page introduce a secondary campaign called Bring Your 8 Game. This has been devised so golfers can easily remember that their Handicap Index is simply their best 8 scores from their last 20 rounds.

